

**Metropolitan League
Sac-Joaquin Section of the C.I.F.**

CONSTITUTION

ARTICLE I

NAME AND PURPOSE

Section 1 This organization shall be known as the Metropolitan League

Section 2 The purpose of this organization is:

- 2.1** To direct, coordinate and control Board of Managers approved athletics and other activities.
- 2.2** To assume the responsibility for administration and supervision of all activities concerned.
- 2.3** To cultivate and foster, by observance of good standards of sportsmanship and the exchange of ideas, more cordial and friendly relations among schools

ARTICLE II

MEMBERSHIP

Section 1 The Metropolitan Conference shall consist of the following high schools assigned by the Sac-Joaquin Section of the C.I.F.

Grant High School
Royal Blue and Gold
Pacers

C.K. McClatchy High School
Red and White
Lions

John F. Kennedy High School
Forest Green and Gold
Cougars

Rosemont High School
Navy Blue/Gold
Wolverines

Hiram Johnson High School
Burgundy and Black
Warriors

Sacramento High School
Purple and White
Dragons

Burbank High School
Green/Black/Silver
Titans

ARTICLE III

MEETINGS

Section 1 The President shall call a minimum of three regular meetings: fall, winter and spring

Section 2 Special Meetings of the League may be called by the President via personal contact to the principals with stated agenda items.

Section 3 A quorum for any meeting shall consist of more than half of the membership.

- Section 4 Copies of the regular meeting notice and agenda shall be distributed by the Commissioner at least one week in advance of each meeting.
- Section 5 Each school will be entitled to one vote. Only the principal (or his designee) shall vote. Participants in attendance should include at least the principal or vice-principal and athletic director.
- Section 6 Provision is made for executive sessions limited to principals and/or such people as the President may call where the business involves personnel matters.

ARTICLE IV

Officers

- Section 1 The League shall elect, from its members. A President, Vice President, and the Commissioner. The election shall be held at the Spring Meeting. The President shall be a principal.
- Term of office shall be two years. No one shall serve more than two consecutive terms as President. New officers shall take office effective July 1 following the Spring election.
- Section 2 The President shall be responsible to provide for the release of information in regard to the Metropolitan Conference actions and for interpretation of the constitution.
- Section 3 The Vice President shall assume the powers of the President if the President is absent and shall succeed to that office when it is vacant.
- Section 4 Duties of the League Commissioner:
- 4.1 The Commissioner shall keep a record of all Metropolitan Conference Meetings
 - 4.2 Carry on official correspondence
 - 4.3 Prepare and distribute new copies of the by-laws each year
 - 4.4 Distribute Metropolitan League approved schedules.
 - 4.5 Maintain a current record of trophies and awards.
 - 4.6 Take charge of all money and pay all bills with approval of the President
 - 4.7 Present the budget at the Fall meeting for final approval
- Section 6 The League Commissioner shall be Elected by the Board of Managers from the Metropolitan League The Commissioner will assume all duties assigned by the President and will work in close cooperation with the President. The Commissioner will coordinate the development of league schedules with the member schools Athletic Directors and then submit them to the League meeting for adoption. The Commissioner will not make or change League policy.

Article V

League Financing

- Section 1 At the Fall meeting, it shall be determined what, if any assessment shall be made to finance the League for the current school year. Such assessments will be based on:
- 1. Assessment fees for the Conference will be equally divided among the member schools
 - 2. Schools with only partial participation shall be assessed based on the number of sports in which the school is assigned to the league by the Sac-Joaquin Section.
- Section 2 All profits from play-offs, etc. shall be paid to the Conference (*League*) treasury.

- Section 3 A projected League Budget will be prepared and submitted by the Commissioner and approved at the October meeting.
- Section 4 All profits from Section playoffs are divided by the League Commissioner. Fifty percent of any playoff income will go directly to the League Treasury. The other fifty- percent of playoff income will go to each school that participated in a playoff game. For example:
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|--|----------------------|
| Football Playoff Income: | \$2,400.00 |
| 50% to League Treasury | \$1,200.00 |
| Grant (plays in 3 games) | |
| McClatchy (plays in 1 game) | |
| Kennedy (plays in 2 games) | |
| 6 games played divided by \$1,200.00 = \$200.00 per game | |
| Grant = \$600.00 | McClatchy = \$200.00 |
| | Kennedy = \$400.00 |

Playoff shares for football and basketball will be separated.

- Section 5 All medals and patches given by the League shall be paid from the League treasury.
- Section 6 Any time a change of membership of the League occurs, the treasury will be disbursed among member schools.

Article VI

General Rules for All Sports

- Section 1 Adequate dressing facilities, taping tables and field benches shall be provided by the host school.
- Section 2 Each school represents the league – Review Sac-Joaquin Section Code of Conduct
- Section 3 The host school will be responsible for any entertainment provided half time unless other arrangements are made in advance.
- Section 4 The home team has the responsibility for providing officials at all athletic events.
- Section 5 Schedules for all sports are to be prepared by committees appointed by the Commissioner. The entire committee, or a representative from each participating school, must be present when the schedule is approved. Copies of the recommended schedule must be distributed to each school at least one week before the League meeting at which it is approved. The Commissioner will officially issue all approved schedules.
- Section 6 The home team will be responsible for reporting the results of contests to local newspapers.
- Section 7 Protest procedure:
- 7.1 Principals must file protest in writing with the President within three (3) days following the date of the contest being protested (See also Section by-laws, protests.)
 - 7.2 Within 2 days following receipt of the protest, the President will convene a panel of 3 neutral board members to review the protest.
 - 7.3 The panel will issue their decision to each of the schools involved.
- Section 8 At the Fall meeting the Commissioner will establish and publish the Schedule of a school's responsibility for a sport's chairperson.
- Section 9 The sports chairperson have the following duties in cooperation with League Commissioner:

1. Schedule a meeting of all coaches of the specific sport at least three (3) weeks prior to the first scheduled League game and/or match.
2. Clarify and inform all coaches of all current rule changes at the pre-season meeting.
3. Schedule an evaluation meeting within three (3) weeks following the last game and/or match of the sports season.
4. Send a copy of minutes and/or recommendations of all meetings the League Commissioner.
5. Attend Metropolitan League meetings on request.
6. Plan and submit budgets and schedules to the League Commissioner. Schedules for a two-year cycle will be submitted one week prior to the Fall Metropolitan League meeting.
7. The AD/Sports Chairperson is responsible for the organization/implementation/supervision of League meets in conjunction with the host school.

- Section 10 Ninth to twelfth grade Member schools may compete as Frosh teams and/or Frosh/Sop teams. For each sport fielded at member schools, that sport must compete at the varsity level first and lower levels may be fielded if the participation numbers allow. New schools are exempt from varsity competition until such time as the school has a junior class.
- Section 11 The approved schedule for each sport will designate the levels of competition for each sport as well as the place of game or match.
- Section 12 Place, date or time of schedule may be modified by mutual consent of the principals of the schools involved.
- Section 13 Regulations for Practices. SEE SECTION BY-LAWS
- Section 14 Starting Dates beginning of Practice by Sport. See Adopted League Schedules
- Section 15 Sports Starting Times: See Adopted League Schedules
- Section 16 That National Federation rules shall apply to the entire Metropolitan League sports (State Rule 1201).

Article VII

Eligibility

- Section 1 Member schools must comply with minimum eligibility requirements as set forth by the Sac-Joaquin Section and CIF Standards
- Section 2 Grade Point Average eligibility will be enforced on the second Monday following the end of the grading period.

Article VIII

Determining League Champion and Playoff Representatives

- Section 1 When two or more teams are tied for first place at the end of conference competition, said teams shall be considered co-champions. The team selected to represent the conference as the number one seed shall receive the championship banner. The cost of additional banner(s) shall be incurred by the league during the following year and presented to the teams who earned co-championship status.
- Section 2 In the selection of Conference Representatives and/or seeds when two or more schools are tied, the following procedures will be followed step by step until the tie is broken. No further steps need to be followed after the tie is resolved. These steps will be followed unless the Section determines otherwise.
- Step 1 The team is selected who has won the most often in head-to head competition between the teams that are tied in that season.
- Step 2 A playoff game at a neutral site will be played the first available date. The principals of the schools involved may agree to a playoff. If there is no agreement, proceed to step # 3.
- Step 3 The Board of Managers will determine the team(s) to represent the Conference by a coin flip. The teams selected, are the teams to represent the Conference. The Board of Managers may decide to order a play-off.
- Section 3 Section Rule 501.3 Any team not competing in the CIF playoffs will not compete in a post season game or tournament after the league season is over. Any team who qualifies for CIF Play-off competition may compete with another team who qualifies for CIF playoffs as long as such competition does not conflict with CIF Playoffs and neither team shall exceed the number of contacts as defined in 519.1.

Article IX

Trophies and Awards

- Section 1 The Conference will award pennants for first place varsity level in each sport of the season. The Conference Commissioner will keep a record of all pennant winners each year. Colors of the pennants will be White with Blue trim and Red lettering.
- The Commissioner will be responsible for the purchase and control of Conference pennants. All medals and certificates awarded by the Conference will be financed through the League.
- Section 2 First place pennants will be awarded for any varsity sport for which the League approves a schedule.
- Section 3 In sports where both dual and Conference competition is held, the dual meet champion will be declared the League Champion.
- Section 4 Each member school will supply its own in-house awards. This will include any recognition of members of the League Championship teams over and above the recognition in approved League meets and matches.
- Section 5 Medals and Patches to be awarded at Conference Meets and Matches.
- Section 6 All Conference patches will be given at the varsity level.

- Section 7 All Conference athletes will be chosen through the following process:
- A. Head Varsity Coaches will send their nominations to the sport representative at least 48 hours prior to the end of season meeting.
 - B. The sport representative will prepare a ballot for the end of season meeting.
 - C. All head varsity coaches attending the meeting will vote on the ballot.
 - D. Head varsity coaches may not vote for their own athletes.

Article X

Conference Passes

- Section 1. All Students I.D. cards will be recognized for a discount at all League contests.
- Section 2 Press passes to League competition will be issued by the Commissioner of the Section.
- Section 3 High School Member Booster Passes are only allowed at their home school.
- Section 4 All School Staff members will be allowed in a League competition with a current School or District picture I.D. card.
- Section 5 No passes, except “playoff” and selected CIF passes, will be honored at playoff games. Each participating school will submit a roster of staff personnel and guests for free admission. The principals of the Conference have the right to make this determination for any game under their auspices.
- Section 6 Standard admission prices for all League events will be determined at the Fall meeting every year.

Article XI

Conference Consequences

- Section 1 If a by-law has been violated, the Principal for that school will be contacted by the Commissioner or President and asked to investigate.
The President will convene a panel to review the investigation and recommend consequences:
The following are possible consequences:
- 1) A letter of reprimand.
 - 2) A fine that does not exceed over \$ 100.00 made to the conference.
 - 3) A suspension for the coach
 - 4) A forfeit (s) for the team
 - 5) A one year probation for the violating coach
- The League President will then take appropriate action.